



AEREO GYMNASTICS CLUB TERM 1 NEWSLETTER



Message from the Recreational Director

I would like to extend a warm welcome to the new and returning gymnasts and their families to Aereo Gymnastics club. Those of you that are returning have noticed that instead of ending the session just before Christmas, we are now finishing up the session at the end of January with our show scheduled for Saturday, February 2, 2019. Taking part in recreational gymnastics is a great way to get active, gain self-confidence, make new friends, and HAVE FUN! Last spring, a group of recreational gymnasts and parents participated in the Rose parade and even though it was pouring rain, they showed amazing dedication and spirit and I just wanted to thank them again. I am looking forward to the Term 1 session and some of the exciting things that we have planned, like the Bring-A-Friend and the Halloween dance. As always, thank you for choosing Aereo. It is your support that makes us successful.

Coach Tara ☺

Important Dates & Upcoming Events

No Classes

- Thanksgiving Sunday - Sunday Oct. 7th
- Thanksgiving Monday - Monday Oct. 8th
- Fundraiser Event - Friday, October 19th
- Halloween - Wednesday Oct. 31st
- Christmas Eve - Monday, Dec. 24th
- Christmas Day - Tuesday, Dec 25th
- New Years' Eve - Monday, Dec. 31st
- New Years' Day - Tuesday, Jan. 1st

Bring a Friend Week

Sunday Oct. 21st - Saturday Oct. 27th

Halloween Dance

Saturday October 27th

\$5.00 / child



Priority Term 2 Registration Week

Sunday Nov. 4th - Saturday Nov. 10th

Term 2 Registration Week

Sunday, Nov. 11th

Term 2 Registration Nights

Nov. 14th Dec. 5th Jan.9th

Following Registration Weeks these are the ONLY nights we will be taking Registration are from 4-8pm

Term 1 Performance Show

Saturday February 2nd

Term 2 (21 wks) February-June

Payment Plan Options

Option 1: 4 equal payments of the total balance, with the first payment (cash, debit, or cheque) due at time of registration with 3 postdated cheques also due at the time of registration.

Option 2: 50% of total balance due at registration (cash, debit, or cheque), then the remaining 50% of total balance due first class of the term (cash, debit, or cheque).

50% of classes are non-refundable for any reason.

Please see our website for full refund policy.

Term 1 Performance Schedule

Saturday February 2nd

\$2.00 / person admission fee

Time	Class
9:00am-10:00am	Kindergym Tuesday 5-6pm Thursday 4-5pm
10:00am-11:00am	Kindergym Thursday 5-6pm Sunday 11-12pm
11:00am-12:00pm	Kindergym Saturday 10-11am Advanced Kindergym Monday 4-6pm & Friday 5-7pm
12:00pm-1:00pm	Recreational Sunday 12-1:30pm Thursday 6-7:30pm
1:00pm-2:00pm	Recreational Tuesday 6-7:30pm Saturday Girls & Boys 11-12:30pm
2:00pm-3:00pm	Developmental Tuesday & Thursday 6-7:30pm Saturday 12:30-2pm
3:00pm-4:30pm	Advanced Recreational Monday 6-8pm & Friday 5-7pm Advanced Developmental Friday 7-9pm

Parents please be aware the ONLY day for your child to receive their CANGYM or KINDERSTARS report/badge is the day of the Open House - coaches will not be handing them out before or after. No exceptions





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CANGYM & KINDERSTARS

Here at Aereo Gymnastics Club we use the CANGYM Badge program for our recreational/developmental gymnasts and we developed a similar but more age appropriate system called KINDERSTARS for the 3-5 yr olds. Please understand that we are continually assessing the gymnasts in both groups to ensure safety and proper technique. It is VERY common for gymnasts to be able to perform a skill one month and lose it the next. In some cases, a gymnast may be awarded with a badge at the end of a session, but in the next session will not be able to perform the necessary skills for that badge level. Gymnastics requires constant training and strength development and many gymnasts, especially while growing, will lose skills and need to gain more strength to perform them again. Our coaches do their very best to work on the appropriate level for each gymnast. We appreciate your support with our system and encourage you to speak with your gymnasts' coach whenever concerned or interested in receiving "at home conditioning". Please see the programs on the Recreational Board.



New Coaches

We are excited to introduce our newest members to the recreational coaching staff: Coach Alicia, Coach Ava, and Coach Vanessa. They have been part of the Aereo family as competitive gymnasts. They have all demonstrated an interest in coaching and have completed their NCCP training.

Facebook & Website

We encourage all parents to follow us on **Facebook** and visit our new website www.aereogymnastics.com to ensure you are fully up to date. For communicating, please call or email the gym.



Drop Off/Pick Up Procedure

Parents, please come down the stairs and INTO the gym to drop off or pick up your child(ren) from class. It is very important that you always come into the building to up regardless of your child's age. We will not allow children to walk up the stairs without a parent. Thank you for your understanding.

Inclement Weather Policy

Safety is always our #1 priority when it comes to our athletes, parents and staff. We kindly ask that parents understand our Inclement Weather Policy, where we close the gym any evening that the Welland school buses do not run—and any day/evening where we find it appropriate to cancel due to weather.



Medical Conditions

Coaches ask that parents please be sure to notify us of ANY medical conditions your child has. This includes, but is not limited to learning disabilities, attention disorders, allergies, recent injuries or skin conditions such as rashes/warts/etc. It is always best to notify the staff of these so we can do our very best to accommodate your child and make sure that their experience with Aereo is enjoyable.



Bring-A-Friend

A permission form needs to be completed by the parent or guardian of the friend and it will be sent home closer to the date.

AEREO HOODIES!

Please see the attached form for information on ordering an Aereo Hoodie!



***** Parents please be sure you are fully aware of all other policies at Aereo Gymnastics - they are posted on the board by the front desk and on the website, which include DROP OFF POLICY, DRESS CODE, REFUND POLICY etc*****